

Nov/Dec 2023

Voorhees Township Public Schools ELEMENTARY LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk - 1% white, and fat-free

chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Featured Fruit May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

LEAVE YOUR LUNCHBOX AT HOME!

DAILY ALTERNATES

These 2 options are available daily!

1. Cereal Lunch

(Assorted Cereal, Goldfish Crackers, Yogurt & Cheese Stick)



View your lunch account: www.schoolpaymentportal.com

Lunch Prices

Student \$3.15

Reduced \$0.40

General Manager: Tina Artusa

Phone Number: 856-795-2025 ext 5223

Email: VHS@nstm.com

*Menu subject to change.

USDA is an equal opportunity provider and employer.

Monday

13

Baked Pasta w/ Meat Sauce

w/ Garlic Bread

Garden Salad/Goldfish

Turkey & Cheese on Bun

Sides:

Green Beans/Grape Tomatoes

Fruit of the Day

Choice of Milk

20

Baked Pasta w/ Meat Sauce

w/ Garlic Bread

Garden Salad/Goldfish

Turkey & Cheese on Bun

Sides:

Green Beans/Grape Tomatoes

Fruit of the Day

Choice of Milk

27

Chicken Pattv

On Bun

Chef Salad/ Goldfish

Egg Salad Croissant

Sides:

Mashed Potatoes/ Mixed Veggies

Fruit of the Day

Choice of Milk

4

Chicken Quesadilla

w/ Salas Sour Cream

Buffalo Chicken Salad/ Goldfish

American Hoagie

Sides:

Buttered Pasta/ Peas

Fruit of the Day

Choice of Milk

11

Mini Pancakes

w/ Turkey Sausage & Syrup

Chicken Pasta Salad

Turkey & Cheese on Kaiser

Sides:

Sweet Potato Fries/ Glazed Carrots

Fruit of the Day

Choice of Milk

18

Sloppy Joe

On Bun

Garden Salad/Goldfish

Turkey & Cheese on Bun

Sides:

Buttered Pasta/ Peas

Fruit of the Day

Choice of Milk

Taco Tuesday

14

Early Dismissal

Soft Beef Tacos

Garden Salad/Goldfish

American Hoagie

Sides:

Brown Rice/ Corn

Fruit of the Day

Choice of Milk

21

Nacho's Grande

w/ Topinias

Chicken Ranch Salad/ Crackers

Ham & Cheese Sandwich

Sides:

Brown Rice/ Corn

Fruit of the Day

Choice of Milk

28

Nachos Grande

w/ Topinias

Chef Salad/ Goldfish

Egg Salad Croissant

Sides:

Brown Rice/ Corn

Fruit of the Day

Choice of Milk

5

Soft Beef Taco

w/ Topinias

Buffalo Chicken Salad/ Goldfish

American Hoagie

Sides:

Brown Rice/ Corn

Fruit of the Day

Choice of Milk

12

Chicken Alfredo

w/ Garlic Bread

Chicken Pasta Salad

Turkey & Cheese on Kaiser

Sides:

Roasted Broccoli/ Italian Side Salad

Fruit of the Day

Choice of Milk

19

Nachos Grande

w/ Topinias

Garden Salad/Goldfish

Turkey & Cheese on Bun

Sides:

Brown Rice/ Corn

Fruit of the Day

Choice of Milk

Wednesday

15

Pancake Sizzler Sandwich

w/ Egg & Cheese

Garden Salad/Goldfish

Turkey & Cheese on Bun

Sides:

Hash Brown & Cinnamon Apples

Fruit of the Day

Choice of Milk

22

Early Dismissal

All Beef Hotdog on Bun

Chicken Ranch Salad/ Crackers

Ham & Cheese Sandwich

Sides:

Baked Beans/French Fries

Fruit of the Day

Choice of Milk

29

French Toast Sticks

w/ Sausage

Chef Salad/ Goldfish

Egg Salad Croissant

Sides:

Hash Brown/Glazed Carrots

Fruit of the Day

Choice of Milk

6

Cheesesteak Sandwich

Peppers/onions on side

Buffalo Chicken Salad/ Goldfish

American Hoagie

Sides:

French Fries/ Steamed Carrots

Fruit of the Day

Choice of Milk

13

Chunky Chicken Cheesesteak

on Torpedo Roll

Chicken Pasta Salad

Turkey & Cheese on Kaiser

Sides:

Sweet Peas

Fruit of the Day

Choice of Milk

20

Mozzarella Sticks

w/ Marina

Garden Salad/Goldfish

Turkey & Cheese on Bun

Sides:

Buttered Pasta/Carrot Sticks

Fruit of the Day

Choice of Milk

Thursday

16

Roast Turkey w/ Gravy

Mashed Potatoes/Stuffing

Green Beans

Cranberry Sauce

Biscuit

Fruit of the Day

Choice of Milk

23

School Closed

30

Baked Pasta w/ Meat Sauce

w/ Garlic Bread

Chef Salad/ Goldfish

Egg Salad Croissant

Sides:

Green Beans/Grape Tomatoes

Fruit of the Day

Choice of Milk

7

Chicken Tenders

w/ Pretzel Rod & Dip Cup

Buffalo Chicken Salad/ Goldfish

American Hoagie

Sides:

Mashed Potatoes/ Green Beans

Fruit of the Day

Choice of Milk

14

Cheese Burger Deluxe

Side-Let.-Tom.-Pickle

Chicken Pasta Salad

Turkey & Cheese on Kaiser

Sides:

Steamed Broccoli

Fruit of the Day

Choice of Milk

21

Meatball Sub

w/ French Fries

Garden Salad/Goldfish

Turkey & Cheese on Bun

Sides:

Green Beans/ Cucumbers

Fruit of the Day

Choice of Milk

Pizza Friday!

17

Cheese Pizza

Bia Daddv

Garden Salad/Goldfish

Turkey & Cheese on Bun

Sides:

Side Salad/ Roasted Zucchini

Fruit of the Day

Choice of Milk

24

School Closed

DEC. 1

Cheese Pizza

Bia Daddv

Chef Salad/ Goldfish

Egg Salad Croissant

Sides:

Carrot Sticks

Fruit of the Day

Choice of Milk

8

Cheese Pizza

Bia Daddv

Buffalo Chicken Salad/ Goldfish

American Hoagie

Sides:

Carrot Sticks

Fruit of the Day

Choice of Milk

15

Cheese Pizza

Bia Daddv

Chicken Pasta Salad

Turkey & Cheese on Kaiser

Sides:

Carrot Sticks

Fruit of the Day

Choice of Milk

22

Early Dismissal

Bia Daddv

Garden Salad/Goldfish

Turkey & Cheese on Bun

Sides: